

FLORENCE WONG

RSW • Theraplay Practitioner • Ph.D. Candidate

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EDUCATION

Doctor of Philosophy, Social Work (PhD)

2021 to Now University of Toronto, Canada
Thesis Topic: Help-seeking by Chinese Immigrant Families of Children with Mental Health Issues in Canada

Master of Social Sciences in Counselling

2017 to 2019 The University of Hong Kong, Hong Kong
Distinction (CGPA: 3.62)
Dissertation: A clinical case study guided by Bowen Family Systems Theory: Enhancing differentiation of self of a mother having a child with ASD

Bachelor of Social Sciences (Honours) in Social Work

2010 to 2013 City University of Hong Kong, Hong Kong
First Class Honors (CGPA: 3.74)
Dissertation: Helping a child cope with loss by using Grief Therapy

ACADEMIC APPOINTMENTS

2024 to Now Adjunct Lecturer, Factor-Inwentash Faculty of Social Work, University of Toronto

RESEARCH GRANTS AWARDED

Wong, F. K. C. (PI), Fung, W. L., Cheung, I. Choi, M. (2023 – 2024). *Shall We Talk? Piloting a hybrid communication enhancement intervention towards social inclusion and improved patient outcome and experience for older Chinese patients and care partners in Sinai's community mental health program*. Sinai Health System: Science of Care Idea Challenge Grant. \$10,000 CAD.

Saragosa M., Chiu M, ... **Wong, F. K. C. (Collaborator)**. (2025-2028;). *Collaborative Innovation in Dementia Care: Co-Creating and User-Testing of a Person-Centred Dementia Navigator Mobile Tool for Enhanced Support*. Canadian Institutes of Health Research. Project Grant (Fall Call), \$520,473 CAD.

RESEARCH GRANTS (UNDER REVIEW)

Tam, D., ... **Wong, F. K. C. (Collaborator)**. (2025-2028; under review). *Best Use of Digital Technologies to Improve Youth Mental Health*. Insight Grant: SSHRC. \$399,726 CAD.

CERTIFIED PROFESSIONAL TRAININGS (SELECTED ENTRIES)

Dialectical Behavioural Therapy

2025 Project ECHO® at the Centre for Addiction and Mental Health (CAMH), Canada

ACT Essentials (Acceptance & Commitment Therapy), Level 2

2024 The Association for Psychological Therapies (APT), Canada

Online Field Instructor Course

2024 Canadian Association for Social Work Education (CASWE-ACFTS), Canada

Interprofessional Preceptor Workshop

2024 Sinai Health System, Canada

Montreal Cognitive Assessment (MoCA) Assessor

2024 MoCA Test Inc., Canada

Introduction to Adverse Childhood Experiences (ACEs) and Early Trauma

2020 Public Health England

Externship in Emotionally Focused Couple Therapy

2019 ICEEFT - International Centre for Excellence in Emotionally Focused Therapy

ICISF: Assisting Individuals in Crisis

2019 UMBC Training Centers, The United States of America

Foundational Theraplay Practitioner

2018 to 2020 The Theraplay Institute, The United States of America
Level One Theraplay & MIM; Level Two Theraplay & MIM; Group Theraplay

Mindfulness Based Stress Reduction Program

2015 City University of Hong Kong, Hong Kong

Positive Psychology Education

2014 to 2015 Institute of Positive Education, Australia
Discovering Positive Education; Designing Positive Education; Embedding
Character Strengths: Introducing Character Strengths

SCHOLARSHIPS AND AWARDS (SELECTED ENTRIES)

2024 Nathan Markus Fellowship (CAD \$4,550.19)

2024 Kwok Sau Po Scholarship – Academic Merits (\$1,100 CAD)

2024 to 2021 University of Toronto Fellowship (\$96,575.37 CAD)

2023 Dr. Norma C. Lang Award (\$1,083.25 CAD)

SCHOLARSHIPS AND AWARDS (SELECTED ENTRIES)

2023	Richard and Bobbie Kunreuther Scholarship (\$1,088.99 CAD)
2023	The Council of Friendship Fund (\$5,438.67 CAD)
2022	PPEF – Dollars for Global Scholar (\$1,500 CAD)
2018	Hong Kong Christian Service: Excellent Staff Award
2015	CLASS Discovery Enriched Curriculum Competition Award
2013	Student Extending Frontiers (Award of Excellence)
2013	Applied Social Studies Best Social Work Practicum Prizes

PUBLICATIONS

Peer-reviewed Journal Articles

- Chan, A. S. W., Tam, H. L., Leung, L. M., **Wong, F. K. C.**, Chi, J. H. M., & Yan, E. (2024). Examining the Interplay of Psychological Well-Being, Health, and Aging in Older LGBT Adults: A Systematic Review. *Sexuality Research and Social Policy*, 1-15. <https://doi.org/10.1007/s13178-024-01024-0>
- Wong, F. K. C.**, Leung, V. W. Y., Chong, W. W. Y., Hung, J. H. C., Wong, F., Leung, C., & Tsang, A. K. T. (2024). *Capacity-Building Program for Parents of Children with SEN: A Randomized Controlled Trial. Research on Social Work Practice*. <https://doi.org/10.1177/10497315241237210>
- Chan, A. S. W., Wong, G. Tam, H.L., Leung, L.M., **Wong, F. K. C.**, Ho, J.M.C., Tang, P.M.K. & Yan, E. (2024). Investigating the Interrelationships among Mental Health, Substance Use Disorders, and Suicidal Ideation among Lesbian, gay, and bisexual Adults in United Status: Population-Based Statewide Survey Study. *JMIR Public Health and Surveillance*.
- King, B., Goulden, A., Appiah, J., **Wong, F. K. C.**, & Chowdhury, R. (2023). “Because I’m Young”: Experiences of Young Mothers with Child Welfare Involvement. *Clinical Social Work Journal*. <https://doi.org/10.1007/s10615-023-00915-w>
- Chan, A. S. W., Leung, L. M., **Wong, F. K. C.**, Ho, J. M. C., Tam, H. L., Tang, P. M. K., & Yan, E. (2023). Needs and experiences of cancer care in patients' perspectives among the lesbian, gay, bisexual, transgender and queer community: a systematic review. *Social work in health care*, 1–17. Advance online publication. <https://doi.org/10.1080/00981389.2023.2226182>
- Wong, F. K. C.** (2013). Helping a Child Cope with Loss by Using Grief Therapy. *Discovery-SS Student E-Journal*, 2, 195-215.

PUBLICATIONS

Peer-reviewed Conference Presentations

- Wong, F. K. C.**, Cheung, I., Lee, L., Choi, M., Fung, A.W.L. (Accepted). *Evaluation the Effectiveness of the 'Shall We Talk' Program: A Culturally Tailored Intervention to Address Social Isolation and Improve Well-beings among Chinese Older Adults*. Key speaker: International Learning Collaborative (ILC) Americans Regional Network Meeting, February 13, 2025, Zoom.
- Chowdhury, R., Goulden, A.L., **Wong, F. K. C.**, Appiah, J, Dhot, P. & King, B. (Accepted). *Victims or Perpetrators? Young Mothers Involved with the Child Welfare System in Ontario and Their Experiences of Intimate Partner Violence*. Poster presentation to the 2025 Conference of the Society for Social Work and Research, Seattle.
- Wong, F. K. C.** *Social Assistance and Active Citizenship: Discourse Analysis of the Ontario Disability Support Program Policy Directives for Employment Supports*. (Accepted). Oral Presentation at the Canadian Association for Social Work Education/Association Canadienne pour la Formation en Travail Social (CASWE-ACFTS) Annual Conference in Montréal, Canada.
- Wong, F. K. C.**, Hsu, S., Lash-Ballew, A., & Tsang, K.T. (Accepted). *Effective Supervision for Personal and Professional Development in Chinese Frontline Social Workers and Their Supervisors: A Need-Driven Approach*. Poster presentation to the 2024 Conference of the Society for Social Work and Research, Washington DC.
- King, B., Goulden, A.L., Appiah, J, **Wong, F. K. C.**, & Chowdhury, R. (Accepted). *(Un)Expected Allies and Adversaries: Relationships That Define Young Mothers' Experiences with the Child Welfare System*. Oral presentation to the 2024 Conference of the Society for Social Work and Research, Washington DC.
- Wong, F. K. C.** & Fang, L. *Mental health stigma and acculturation: A socioecological framework for help-seeking among Asian Immigrant Families of Children with Mental Health Issues*. (Accepted). Presentation to be delivered in the panel organized by Kedi Zhao in 31 May 2023 at the Canadian Association for Social Work Education/Association Canadienne pour la Formation en Travail Social (CASWE-ACFTS) Annual Conference in Toronto, Ontario, Canada.
- Wong, F. K. C.**, Hsu, S., Lash-Ballew, A., & Tsang, K.T. (Accepted). *Need-Driven Strategies in Hong Kong Social Service Management: Facilitating Positive Growth within Multidisciplinary Teams*. (Accepted). Poster presentation to the 2023 Conference of the Society for Social Work and Research, Phoenix.
- King, B., Goulden, A.L., Appiah, J, **Wong, F. K. C.**, & Chowdhury, R. *"Because I'm Young": Experiences of Young Mothers with Child Welfare Involvement*. (Accepted). Symposium presentation to the 2023 Conference of the Society for Social Work and Research, Phoenix.
- Wong, F. K. C.**, Chong, W. Y. W., Hung, H. C. J., Leung, V., Wong, Y. T. F., Leung, W. C. H., Chiu, W. M. C., Lam, T. W. Y., Wong, W. C. J., Leung, C., & Tsang, K.T. (2021). (Accepted). *SSLD Parent Capacity Building Program for Parents of Chinese Children with Autism Spectrum Disorder or other Special Education Needs: A Pilot Randomized Controlled Trial Study*. JC A-Connect Hong Kong ASD Conference 2021, Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong.

PUBLICATIONS

Technical and Research Reports

- Leung, L. F., Wong, W. C., Yeung, M. L., Chiu, W. M., Lam, T. W., **Wong, F. K. C.**, Li, C. L., Law, W. Y., & Chu, H. W. (2018). *Research Findings on School-based Support Services to Primary One Students with Special Education Needs - Parental Perspectives*. (In Chinese). Hong Kong: Hong Kong Christian Service.
- Wong, F. K. C.** (2018, May 31). *School-based Support Services to Primary One Students with SEN*. Press Conference, Hong Kong Christian Service, Hong Kong.
- Kwok, S. Y. C. L., **Wong, F. K. C.**, & Leung, C. L. K. (2016, January 23). *Integrating Positive Psychology and Music Therapy Elements - Positive Ambassador Project*. Press Conference, City University of Hong Kong, Hong Kong.
- Kwok, S. Y. C. L., **Wong, F. K. C.**, & Wai, W. (2015, July 11). *Happiness Project: Positive Development Scheme*. Press Conference, City University of Hong Kong, Hong Kong.

Audiovisual Media

- Wong, F. K. C.**, Cheung, I., Lee, L., Choi, M., Fung, A.W.L. (2023). MSH Senior Wellness Academy: Shall We Talk. <https://www.youtube.com/@MSHSeniorWellnessAcademy>
- Wong, F. K. C.**, & Tsang, K.T. A. & et al. (2024). Dementia Guidance Online Resource Hub. <https://dementiahub.yeehong.com/>
- Wong, F. K. C.**, & Wai, H. Y. C. (2017). *Positive PAMA* [Chinese]. City University of Hong Kong. http://www.cityu.edu.hk/ss_pospama
- Wong, F. K. C.**, Tai, W. K., & Sham, P. (2016). *Positive Adventure* [Chinese]. City University of Hong Kong. <https://drive.google.com/file/d/0B7WzZebwYhyPaVIWZIVncmxFME0>
- Kwok, S. Y. C. L., **Wong, F. K. C.**, Chan, K.K., & Cheung, C. P. (2015). *A mobile phone game design – Pet Ba Ma*. Hong Kong: College of Liberal Arts and Social Sciences, City University of Hong Kong.
- Wong, F. K. C.**, Chung, Y. H., Liu, C. H., & Wong, W. Y. (2012, June 18). *Show Appreciation No Discrimination (S.A.N.D)*. <https://www.youtube.com/watch?v=8Gt5ATOQx4k>

Manuscript (In Revision or Under Review)

- Chan, A. S. W., **Wong, F. K. C.**, Tam, H. L., Wu, T. and Ho, J. *Psychological Constructs of Perceived Risk and Vulnerability on Gender, Racial, and Ethnic Disparities in MPOX Vaccine Distribution in the United States: A National Cross-Sectional Survey*. Journal of Urban Health. (Under review)
- Wong, F. K.C.**, Hung, H. C. J., & Tsang, K. T. A *Need-Driven Approach for Social Service Management: Promote teamwork and collaboration in Multidisciplinary Teams in Hong Kong*. Asia Pacific Journal of Social Work and Development. (In Revision).
- Wong, F. K. C.**, King, B., Goulden, A.L., Appiah, J, & Chowdhury, R. *Survival and resilience during the COVID-19 pandemic: Experiences of young mothers involved in the child welfare system*. (In Revision).

RESEARCH EXPERIENCE

2021 to Now	Research Assistant, University of Toronto <i>Young Parents Project</i> (Supervisor: Dr. Bryn King)
2023 to 2025	Principal Investigator, Sinai Health System <i>Shall We Talk? Piloting a hybrid communication enhancement intervention towards social inclusion and improved patient outcome and experience for older Chinese patients and care partners in Sinai's community mental health program</i>
2022 to 2025	Research Assistant, University of Toronto & University Health Network <i>Assessment of selenium and other elements in toenails in a sample of CANCOV patients</i> (Supervisor: Dr. Esme Fuller-Thomson)
2023 to 2024	Research Consultant (Team Lead), Yee Hong Centre for Geriatric Care <i>Online Dementia Resources Hub</i> (Supervisor: Ka Tat Tsang)
2022 to 2024	Research Assistant, University of Calgary <i>Children and Youth Mental Health Project</i> (Supervisor: Dora Tam)
2021 to 2023	Project Coordinator, University of Toronto <i>CIHR Project: Linking Hearts - Advancing Mental Health Care of University Students Through Interdisciplinary Collaboration</i> (Supervisor: Ka Tat Tsang)
2021 to 2022	Project Coordinator, University of Toronto <i>Supervision, Professional Development and Service Delivery in Social Work Practice</i> (Supervisor: Ka Tat Tsang)
2014 to 2015	Research Associate, City University of Hong Kong <ul style="list-style-type: none">• <i>Integrating positive psychology and music therapy to alleviate child depression</i>• <i>A collaborative forum for the enhancement of Social Work practicum education in Hong Kong</i>• <i>Application of positive psychology to develop program manual for primary school moral education and community</i> (Supervisor: Sylvia Kwok)

TEACHING EXPERIENCE

University of Toronto, Factor-Inwentash Faculty of Social Work

Fieldwork Supervisor Year One MSW student

Rater Objective Structured Clinical Examination MSW level (Fall, 2022)
Duties: Assess students' generalist social work competence

Teaching Assistant SWK4103 Elements of Social Work Practice & SWK4105 Social Work Practice Laboratory (Fall 2021, Online)
Duties: Produce learning materials and asynchronous learning videos, and coordinate of in-class simulation, OSCE and teaching meetings

TEACHING EXPERIENCE

City University of Hong Kong, Department of Applied Social Sciences

Teaching Assistant	SS3107 Working with Individuals and Families BSW level (Fall 2015) Duties: Produce learning materials and asynchronous learning videos, coordinate in-class simulation, and grade assignments and presentations
Teaching Assistant	SS3280 Human Behavior in Social Environment BSW level (Winter 2013) Duties: Produce learning materials and coordinate in-class simulation

GUEST LECTURES AND INVITED PRESENTATIONS (SELECTED ENTRIES)

7 Sep 2024	Guest Speaker , Opera One – Oper1.tv <i>Positive Psychology: Fostering Well-Being in the Elderly</i>
16 Jul 2024	Guest Speaker , Community Family Services of Ontario <i>Supporting New Immigrants' Mental Well-beings</i>
11 Mar 2021	Guest Speaker , Hong Kong Christian Service, Hong Kong <i>Clinical Sharing: Using Theraplay in Pre-school Rehabilitation Service.</i>
7 Sep 2024	Guest Speaker , Opera One – Oper1.tv <i>Positive Psychology: Fostering Well-Being in the Elderly</i>
16 Jul 2024	Guest Speaker , Community Family Services of Ontario <i>Supporting New Immigrants' Mental Well-beings</i>
11 Mar 2021	Guest Speaker , Hong Kong Christian Service, Hong Kong <i>Clinical Sharing: Using Theraplay in Pre-school Rehabilitation Service.</i>
19 May 2020	Guest Speaker , Hong Kong Christian Service, Hong Kong <i>Successful factors and strategies for Online Counselling Service.</i>
11 Jan 2020	Guest Speaker , Hong Kong Christian Service, Hong Kong <i>School-based Support Services to Primary One Students with Special Education Needs.</i>
11 Oct 2019	Trainer , Hong Kong Christian Service, Hong Kong <i>Clinical Sharing: Dealing with Domestic Violence - Child Abuse.</i>
30 Jul 2018	Guest Speaker , Hong Kong Christian Service, Hong Kong. <i>Practice Wisdom in handling crisis and high-risk cases.</i>
30 July 2017	Guest Speaker , Hong Kong Christian Service, Hong Kong <i>Practice Wisdom in handling crisis and high-risk cases.</i>
30 May 2017	Trainer , Hong Kong Christian Service, Hong Kong <i>Clinical Training: Using PICCOLO in SSLD Parent Group.</i>

SELECTED STUDENT SUPERVISION / MENTORING

Chuntian, Jiang	Supervisor, MSW Field Practicum, University of Toronto Senior Mental Health (Jan to May 2025)
Angela, Lau	Co-Supervisor, MSW Field Practicum, Wilfrid Laurier University Senior Mental Health (May 2025 to July 2026)
Shaelynn Hsu	Mentor, Health Science, York University Dental Care and healthcare access: children with special needs (Sept 2021 to 2024)

PROFESSIONAL AFFILIATIONS

2022 to Now	Registered Social Worker Ontario College of Social Workers and Social Service Workers (OCSWSSW)
2022 to Now	Member Society for Social Work and Research (SSWR)
2021 to Now	Member Canadian Association for Social Work Education (CASWE)

COMMUNITY INVOLVEMENTS AND SERVICES (SELECTED ENTRIES)

2021 to Now	Richmond Hill Christian Community Church, Canada Volunteer , Prepared and distributed food to people in needed
2021 to Now	Young Parents No Fixed Address (Y.P.N.F.A.), Canada Attendee , Participated in monthly community partnerships network meeting and training
2018	Voluntary Teaching Service, Cambodia Voluntary Teacher , Delivered lessons to social work students, provided consultation services to NGOs for service development, as well as home-visited students
2015 to 2021	International Christian Assembly, Hong Kong Children Sunday School Teacher - Taught bible knowledge to children with disabilities, and handled classroom management
2013 to 2019	Christian Family Service Centre, Hong Kong Mentor - Coached adolescent with mental health concerns to revisit their inner strengths, to regain their confidence as well as to re-search their goals in future